



KEY TO NAKṢATRAS

Each *nakṣatra* or constellation is associated with a planetary ruler as well as a tint, tone and vibration. The 27 *nakṣatras* are given below, followed by a key to abbreviations.

<i>Nakshatra</i>	<i>Star</i>	<i>Signification</i>
Punarvasu	Castor and Pollux	Doubly Good; Avataric Descent
Puṣya	Delta Cancri	The Flower
Aśleṣā	Alpha Hydrae	The Wheel
Magha	Regulus	The Maharaja
Pūrva Phalgunī	Delta Leonis	First Fruit of the Fig
Uttara Phalgunī	Beta Leonia	Second Fruit of the Fig
Hasta	Delta Corvi	The Hand
Citrā	Spica	The Lamp; Wheat Ear of Virgo
Svāti	Arcturus	The One Who Goes Well
Viśākhā	Alpha Librae	The Gate
Anurādhā	Delta Scorpii	The Ridge
Jyeṣṭha	Antares	The Earring; Heart of the Scorpion
Mūla	Lambda Scorpii	The Root
Pūrvāṣāḍhā	Delta Sagittarii	The Unconquered
Uttarāṣāḍhā	Sigma Sagittarii	Again Unconquered
Śrāvana	Alpha Aquilae	Hearing; Vishnu's Trident
Śravistha	Beta Delphinum	The Dolphin
Śatabhisaj	Lambda Aquarius	The Physicians
Pūrva Bhādrapadā	Alpha Pegasi	Auspicious First Step
Uttara Bhādrapadā	Gamma Pegasi	Auspicious Second Step
Revati	Zeta Piscum	The Tabor
Aśvinī	Beta Arietis	The Two Divine Horsemen
Bharaṇī	Musca Borealis	The Bearer
Kṛttikā	The Pleiades	The Celestial General
Rohiṇī	Aldebaran	The Temple
Mṛgasīrṣa	Delta, Epsilon, and Zeta Orionis	The Triple Arrow
Ārdra	Alpha Orionis	The Gem

The following symbols are used in conjunction with the *nakshatras*.

♃	Jupiter	Bl	Black	S	Silence
♄	Saturn	I	Indigo	A	(La)
☿	Mercury	O	Orange	D	(Re)
♁	Ketu	V	Violet	B	(Si)
♀	Venus	R	Red	C	(Do)
☼	Sun	W	White	O	Octave
☾	Moon	B	Blue	G	(Sol)
♂	Mars	G	Green	F	(Fa)
♌	Rahu	Y	Yellow	E	(Mi)

The book is so planned that it may be used daily throughout the year as follows:

January 4 - June 14:	Readings 1- 648	(four per day)
June 15 - July 11:	Readings 277 - 384	(four per day)
July 12 - December 20:	Readings 1- 648	(four per day)

Cycle of Purification

The fourteen days from December 21 through January 3 are especially appropriate for preparation and purification. Not assigned to any specific *nakshatra*, these days could be wholly consecrated to the Spiritual Sun.

Each section of the book is prefaced by two unnumbered passages. By invoking daily the *Gayatri* (page 9), one unnumbered passage, the verse on Concord (Title page), and the verse on Giving and Becoming (page 601), one can proceed as follows:

December 21: *Gayatri, Concord, Giving and Becoming;*

December 22: *Gayatri, second Consecration passage, Concord, Giving and Becoming;*

December 23: *Gayatri, first Transcendence passage, Concord, Giving and Becoming;*

December 24: *Gayatri, second Transcendence passage, Concord, Giving and Becoming;*

December 25: *Gayatri, first Incarnation passage, Concord, Giving and Becoming, and so on .. .*

In leap years, February 29 can be consecrated to the Spiritual Sun, invoking the *Gayatri*, without disrupting the *nakshatra* cycle.

